

HOMER-CENTER SCHOOL DISTRICT

BREAKFAST MENU

OCTOBER 2010

STUDENTS MAY CHOOSE THE FOLLOWING: **1 Entrée 1 Side Dish 1 Milk**

STUDENTS **MUST** CHOOSE AN ENTRÉE AND ONE OTHER DIFFERENT MENUED ITEM FROM THE SIDE DISH OR MILK TO QUALIFY AS A MEAL. **ADDITIONAL** ITEMS CHOSEN ABOVE THE THREE ITEM LIMIT WILL BE **CHARGED** ALA CARTE.

COLD ENTREES

Monday	Assorted Cereals	or Yogurt	or Assorted Breakfast Bars
Tuesday	Assorted Cereals	or Yogurt	or Assorted Breakfast Bars
Wednesday	Assorted Cereals	or Yogurt	or Assorted Breakfast Bars
Thursday	Assorted Cereals	or Yogurt	or Assorted Breakfast Bars
Friday	Assorted Cereals	or Yogurt	or Assorted Breakfast Bars

ENTREE OF THE DAY

SIDE DISH

MILK

****BREAKFAST \$\$\$**

Listed Below

Assorted Fruit Juice

Fat Free (Skim)
Low Fat White (1%)
Low Fat Chocolate (1%)

First Meal -- **Free!**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				1 Breakfast Donut
4 Ham & Cheese Muffin	5 Sausage Breakfast Pizza	6 Mini Pancakes	7 Pop Tart w/wo Hash Brown Potato	8 ACT 80 DAY
11 INSERVICE DAY	12 Waffle Sticks	13 Cinnamon Bun	14 Assorted Bagels	15 Pancake & Sausage Stick
18 Sausage Breakfast Pizza	19 French Toast Sticks	20 Cheesy Bagel	21 Pop Tart w/wo Hash Brown Potato	22 Dutch Waffle
25 Mini Pancakes	26 Cinnamon Bun	27 Ham & Cheese Muffin	28 Breakfast Donut	29 Sausage Breakfast Pizza

M. Susan McLoughlin, MS, RD, LDN
Food Service Director
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**** PARENTS...Go to www.cafeprepay.com for details concerning your child's meal account!**