

**HOMER-CENTER SCHOOL DISTRICT
HIGH SCHOOL LUNCH MENU**

OCTOBER 2010

STUDENTS MAY CHOOSE THE FOLLOWING: **1 Entree 3 Side Dishes 1 Milk**

STUDENTS **MUST** CHOOSE AN ENTRÉE AND TWO OTHER DIFFERENT MENUED ITEMS FROM THE SIDE DISHES OR MILK TO QUALIFY AS A MEAL. **ADDITIONAL** ITEMS CHOSEN ABOVE THE FIVE ITEM LIMIT WILL BE **CHARGED** ALA CARTE PRICING.

ALTERNATE ENTRÉES

ENTRÉE OF THE DAY

DAILY

Monday	Plain or Pepperoni Pizza	or	Chicken Patty Sandwich	Listed below	Cheese Sandwich
Tuesday	Grilled Chicken Sandwich	or	Meatball Sub w/wo Cheese		or
Wednesday	Specialty Salad	or	Hamburger w/wo Cheese		Tuna Salad
Thursday	Pizza Sticks w/wo Sauce	or	Chicken Patty Sandwich		
Friday	Steak Hoagie w/wo Cheese	or	Turkey & Cheese Wrap		

SIDE DISHES

MILK

****Lunch Prices****

Multi Grain Roll	Fat Free (Skim)	Paid	\$2.00
Oven Fries (two days per week)	Low Fat White (1%)	Reduced	\$.40
Vegetable of the Day (listed below)	Low Fat Chocolate (1%)		
Fruit of the Day (listed below)			
Dessert of the Day (two days per week)			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Baked Lasagna Tossed Salad Cinnamon Applesauce
4 Shrimp Poppers Seasoned Green Beans Mandarin Oranges Snack Size Doritos	5 Spicy Chicken Tenders Whipped Potatoes Fresh Apple Slices	6 Papa John's Day! Pizza Broccoli w/wo Cheese Sc. Chilled Peaches Frozen Juice Bar	7 ACT 80 ½ DAY	8 ACT 80 DAY
11 INSERVICE DAY	12 Grilled Cheese Sandwich Tomato Soup w/wo Gold Fish Crackers Pineapple Tidbits	13 Chicken Fajita Fresh Baby Carrots Mixed Fruit Rice Krispie Treat	14 Pasta w/wo Meat Balls Tossed Salad Chilled Pears	15 Sloppy Joe Sandwich Tater Tots Spiced Apple Slices Snack Size Fritos
18 BBQ Pork Sandwich Onion Rings Diced Peaches	19 Macaroni & Cheese Seasoned Green Beans Chilled Applesauce Snicker Doodle Cookie	20 Hard Taco Baked Potato w/wo Assorted Toppings Banana	21 Wildcat Hoagie Potato Rounds Mixed Fruit Fruit Snacks	22 Popcorn Chicken Mashed Potato Bowl w/wo Gravy & Cheese Pineapple Tidbits
25 BLT Sandwich Chicken Noodle Soup w/wo Saltines Cinnamon Applesauce	26 Cheese Filled Bread Sticks w/wo Sauce Seasoned Corn Mandarin Oranges	27 Roast Pork Whipped Potatoes Fresh Pear Peanut Butter Bar	28 Mrs. T's Pierogies Tossed Salad Diced Peaches	29 Chicken Nuggets Buttered Noodles Mixed Fruit Frozen Juice Bar

M. Susan McLoughlin MS, RD, LDN
Food Service Director
724-479-3601

****Parents...Go to www.cafeprepay.com for details concerning your child's meal account!**